## >> AWAKENINGS

Awakenings with Michele Meiche is one of the leading podcasts on spirituality and self empowerment.

Awakenings focuses on giving timely information to listeners.

The first half of the program Michele shares her insights, answers questions from

social media, email and live callers.

The second half of the segment is dedicated to an awakening dialogue where Michele interviews some of the leading experts in related to topics of interest. The program has a wide listener base, yet very targeted; which helps shape our focus and topics of interest. We really listen to what the Awakenings listeners what to hear and are very community based; with a strong listenership and social media base.

Some of her recent guests have been: Gregg Braden , Duane Elgin, Peter McGugan, Jude Currivan, Dr. Bruce Lipton, Rupert Sheldrake, Lynne McTaggart and Alan Howarth to name a few.

## >> BIO

Michele is an artist, guide and creator focused on inspiring and empowering other in their own life. She is a constant student of life and the Mystery of The All That is... She has worked with thousands of clients nationally and internationally to not only inspire them, but teach them the Life Tools to live more fulfilled and prosperous. Teaching and leading those she works with to connect more with their own Inner Knowing to make the most empowered and Soul Expressed decisions they can in their life circumstances. She is the author of Meditation for Everyday Living, 5 Step Emotional Clearing, Transforming Fear into Creativity and other transformational.

CDs, Host and Executive Producer of Awakenings Podcast, Transpersonal Therapist, Hypnotherapist, Intuitive Life Coach and Relationship Coach Fellow of the National Board for Hypnotherapy and Hypnotic Anesthesiology, F.B.H.A and member of Transpersonal Psychology.

Michele has a background in television, media and interviewing. This training and background gives her the gift of ease in interviewing and creating a captivating show based on cutting edge information in this type of programming.

## MICHELE MEICHE



## AWAKENINGS

>>> REVIEWS

I have been listening to this program on iTunes for about 2 years. It has helped me tremendously. There is always at least one gem in each program. When I am feeling down and disconnected, this program always helps me shift into a more connected space. Thank you Michele for your light and wisdom. I recommend this program to anyone that is seeking a "down-to-earth" connection with higher dimensional attunement. - **WG Fan 2** 

I have been listing to Michele's podcasts since 2010 and at this point, it is truly something I look forward to every week! I connect with her voice and words on a soul level. I truly feel "better" after listening to her shows. The wisdom I have gained is incredible and I feel so blessed to have found her! Love & Light - DTCAllison